Student Orientation Post Test

Student Name: ___________________________ Date: ______________
Nursing School: ___________________________ Class: _____________
Graded by: ___________________________ Score: ______________

Mission Integration
1. The five key essential elements of the Catholic Healthcare Ministry are: Dignity, care for the poor, care for the community, body, mind and spirit, quality of work life
   a) True
   b) False

2. The four core values of Mission Hospital, Mission Hospital Laguna Beach, and the St. Joseph Health System are:
   a. __________________
   b. __________________
   c. __________________
   d. __________________

Infection Prevention
3. Standard Precautions will help to prevent infection in_________________.
   a) Patients & Employees
   b) Blondes only
   c) Females only
   d) Isolation patients only

4. From the patient’s point of view, the most important time for hand hygiene (hand washing or using Purell) is__________ you touch them.
   a) Before
   b) After

5. It takes__________seconds of soap and water to wash hands appropriately (or sing Happy Birthday):
   a) 5
   b) 10
   c) 15
   d) 20
6. Alcohol rub is not effective for C.difficile, so always wash with soap and water if patient has:
   a) A cough
   b) A rash
   c) Diarrhea
   d) An open wound

7. Symptoms of active tuberculosis are
   a) Cough
   b) Coughing up blood
   c) Fatigue
   d) Fever
   e) Night sweats
   f) Weight loss
   g) All of the above

**Interpreter Services**

8. Which Interpreter Service Resources do we have at Mission Hospital?
   a) In – Person medical interpreters
   b) Medical interpreter Associates
   c) Pacific Interpreters Phone Interpretation
   d) Dayle McIntosh Sign Language Interpreters
   e) All the above

9. Do the California Health and Safety Code 1259 and Title VI Federal Guidelines require Mission Hospital to provide interpreter services?
   a) True
   b) False

10. It is against hospital policy to allow a minor to interpret.
    a) True
    b) False

11. Family members and friends should be used to interpret rather than calling Interpreter services.
    a) True
    b) False

**Patient Right – Be in a Safe Setting Free from Abuse**

12. Select the situation that would not be considered a reasonable suspicion of abuse.
    a) Your patient tells you that another employee made unwelcome advances touching her private parts
    b) You are assigned to give a patient a sponge bath. You let the patient know what you are doing and ask the patient if they would like to wash their own genital areas
    c) When an agitated patient grabs a staff’s uniform and refuses to let go, the staff person hits the patient to free up his/her arm
13. A patient tells you that another employee has made unwanted advances and lewd comments, and then started touching her private parts. Which of the following actions is not appropriate?
   a) Listen carefully and take seriously
   b) Inform your supervisor immediately
   c) Tell the other employee who reportedly made the advances that he/she can go back into the patient’s room
   d) Document what was reported to you in the medical record on a QRE
   e) Report suspected abuse to APS/Ombudsman/Sheriff

**Corporate Responsibility**

14. Which of the following are necessary elements of an effective compliance program?
   a) Policies and procedures
   b) Open lines of communication
   c) Internal auditing and monitoring
   d) Designated compliance officer and staff training
   e) All of the above

15. As an employee, your role in corporate compliance is:
   a) Awareness of compliance risks
   b) Maintenance of confidentiality
   c) Correct record keeping
   d) All of the above

16. Which of the following could result in scrutiny from government agencies?
   a) Returning overpayments in a timely manner
   b) Using proper billing codes for covered services
   c) Altering claim forms to receive increased reimbursement
   d) Billing for covered services, supplies, or both
   e) None of the above

17. As an employee of Mission Hospital, things you should know about HIPAA (Health Insurance and Portability and Accountability Act) and more specifically California Laws AB211 and SB541 include:
   a) This act protects the privacy of patient information
   b) Violations may result in a fine of $250,000 and Violations may result in up to 10 years in prison
   c) All Violations must be reported within 5 days to CDPH.
   d) Violation may result in a person’s professional license being revoked
   e) All of the above
18. Which law prohibits hospital emergency departments from delaying care, refusing treatment, or transferring patients to another hospital based on their inability to pay for services?
   a) HIPAA
   b) EMTALA
   c) Stark II
   d) Anti-kickback statute

19. In what ways can you contribute to your organization’s corporate compliance program?
   a) By asking questions
   b) By reporting wrongdoing and concerns
   c) By abiding by hospital policy and procedures
   d) By documenting patient care
   e) All of the above

**Body Mechanics**

20. The following are true statements about the spine:
    a) Provides both stability and mobility
    b) The back has three natural curves - cervical, thoracic and lumbar
    c) Strong abdominal and back muscles support your lower back
    d) All of the above

21. Proper sitting posture consists of the following:
    a) Visual display terminal (VDT) should be positioned with the users eyes at the top one-third or 2-3inches below the monitor casing
    b) Keep your feet flat on the floor, weight evenly distributed on your buttocks and thighs and your spine maintained in the three natural curves
    c) Wrists at a relaxed position, neutral, when working on the keyboard
    d) Arms and elbows relaxed close to body and elbows positioned > 90º
    e) All of the above

22. Body Mechanics is a skill that is to be mastered and can make the difference to maintaining healthy back. The correct way to bend forward is to hinge at your hips.
    a) True
    b) False

23. The Golden Rules of Body Mechanics include which of the following:
    1. Avoid twisting
    2. If it’s too heavy, ask for help
    3. Avoid excessive reaching too far in front, behind and above
    4. Keep your shoulders, hips, knees, and feet all facing the same direction
       a. 1 and 2
       b. 3 and 4 only
       c. 1, 2 and 3
       d. All the above
24. When pushing and/or pulling keep your spine in the three natural curves and use the strong muscles of your buttocks and legs.
   a) True
   b) False

25. Cumulative Trauma disorders (CTD) can be prevented by practicing proper body mechanics and proper posturing.
   a) True
   b) False

26. Fitness for work “The Industrial Athlete” refers to an approach to working that enables you to take care of your own body and have enough energy to enjoy life after work.
   a) True
   b) False

27. Preventive measures include the following:
   a) No Pain, No gain
   b) If you are fatigued or tired, take a short break
   c) Treat musculoskeletal aches and pains with R.I.C.E.
   d) b & c.

28. Your resources for assistance regarding your work station and physical demands of your job include: yourself, Occupational Health and Rehabilitation Services.
   a) True
   b) False

29. Employee Safety Concerns may be submitted to.
   a) Occupational Health Department
   b) Members of the Quality of Worklife Committee
   c) Supervisor
   d) All the above
Safety in the Environment of Care

30. Mission Hospital & CHOC Children’s at Mission Hospital utilize a standard Emergency Code System; Please match the following codes with the correct definition:

1. Code Blue
2. Code White
3. Code Trauma (MV Campus Only)
4. Code Red Trauma (MV Campus Only)
5. Code Red
6. Code Orange
7. Code Triage
8. Code Yellow
9. Code Pink
10. Code Purple
11. Code Gray
12. Code Silver
13. Code Elopement

A. Patient – Danger to themselves, safety risk, or missing
B. Person(s) with Weapon/Hostage
C. Disaster (Internal/External)
D. Hazardous Material Spill/Release
E. Combative Person(s)
F. Medical Emergency (Adult)
G. Multi-System Injury / Go to OR
H. Fire
I. Medical Emergency (Child 0 – 18)
J. Bomb Threat
K. Child Abduction (Age 1 – 18)
L. Infant Abduction
M. Multi-System Injury

31. Safety Data Sheets (SDS):
   a) Provide precautions to protect yourself when working with hazardous materials
   b) Include information on fire and explosion, health hazards and usage, handling and storage
   c) Should be read before you start your job
   d) All of the above

32. RACE stands for:
   a) Run, Aim, Clap, Expose
   b) Rescue, Alarm, Contain, Extinguish
   c) Rescue, Alarm, Cry for help, Exit

33. PASS stands for:
   a) Pop the plug, Activate, Swipe, Send
   b) Pull the pin, Arc the hose, Spray, Sweep
   c) Pull the pin, Aim, Squeeze, Sweep

34. Your departmental emergency response plan is found in the:
   a) Safety Manual
   b) Emergency Management (Disaster) Manual
   c) Administrative Manual
35. Equipment electrical safety inspections are required for:
   a) Leased/rented equipment
   b) Physician-owned equipment
   c) Patient-owned equipment
   d) Employee-owned equipment (such as computers, radios, etc.)
   e) All of the above

36. Red electrical outlets supply emergency power in the event of a power outage.
   a) True
   b) False

37. The event of a major spill or leak that is highly flammable, toxic or reactive, a Code Orange should be activated?
   a) True
   b) False

38. The three [3] primary ways to protect yourself from radiation are shielding, distance and:
   a) Closing your eyes
   b) Wearing a film badge
   c) Limiting the time of exposure
   d) Turning your back to the source

39. Measures to prevent infant/child abduction include:
   a) Challenge people in uniforms/scrubs without a name badge
   b) Secure hospital scrubs in areas inaccessible to the public
   c) Know the profile of a typical kidnapper
   d) All of the above

**RISK MANAGEMENT/QRE PROCESS**

40. The following statement(s) are true about the QRE process:
   a) When in doubt, fill it out
   b) Reportable occurrences include such things as pressure ulcers, medication errors and death
   c) A QRE should be filled out immediately or no later than 24 hours post the occurrence
   d) All of the above

41. Quality care is defined as providing the following:
   a) The right care
   b) At the right time
   c) By the right provider
   d) At the right level of care
   e) All of the above
42. What patient identifiers (depending on location) are used prior to treatment, tests, procedures, medication administration and/or obtaining blood samples?  
   a) Patient name & medical record #  
   b) Patient name & date of birth  
   c) All the above

43. What is the rapid response number?  
   a) 1717  
   b) 9191  
   c) 1313  
   d) 1818

44. The signs of a stroke are:  
   a) facial droop  
   b) slurred speech  
   c) extremity weakness  
   d) all of the above