



CSU Fullerton
COVID-19 Safety Training
for In-Person Internships
Fall 2020



Overview

- This mandatory training is for CSUF students who have elected to complete an in-person academic internship.
- All instructions are applicable to their learning placement site.



Overview (continued)

- During this training you will learn information and terminology associated with the COVID-19 virus and specific safety practices associated with your internship.
- This training contains information from the Center for Disease Control (CDC) and the California Department of Public Health.



Purpose of Training

- The California Occupational Safety and Health Association (Cal/OSHA) requires employers to educate employees on COVID-19 safety.
- Your health and safety while at your internship site is CSUF's priority.



COVID-19 Background

- COVID-19 was first detected in China in December 2019. Since then, the disease has spread around the world.
- COVID-19 is a respiratory disease caused by the SARS-CoV-2 virus. It is a novel coronavirus which means it is a coronavirus that has not been previously identified.



COVID-19 Background (continued)

- Infectious respiratory transmissions can occur in aerosols or droplets through person-to-person contact. Surface transmission is suspected with hands transferring the virus to nose, eyes or mouth.
- Research is ongoing to develop medication to reduce the severity of the disease and a vaccine to prevent the disease.



COVID-19 Symptoms

- Fever
- Headache
- New loss of taste or smell
- Repeated shaking with chills
- Sore throat
- Shortness of breath
- Muscle pain
- Persistent cough



Individuals at Risk

- Older adults
- People with these conditions:
 - ❖ chronic lung disease or moderate to severe asthma
 - ❖ serious heart conditions
 - ❖ pregnancy
 - ❖ smokers
 - ❖ cancer
 - ❖ poorly controlled HIV or AIDS
 - ❖ severe obesity (BMI greater than 40)
 - ❖ diabetes



Working responsibly to prevent the spread

- COVID-19 is a serious public health issue.
- Strict adherence to safe preventative practices is essential to prevent spread and maintain a healthy workplace.
- Following safe practices will contribute to everyone's safety.



Campus Actions

- All in-person learning sites are required to submit a COVID-19 specific safety plan.
- The plan must be approved by Risk Management before the internship will be allowed to take place.



Health Screening

- It is critical to do a self-evaluation health screening to identify any symptoms and/or possible exposures to COVID-19.
- If you exhibit any COVID-19 symptoms or feel unwell, stay home and contact your supervisor and medical provider.



General Preventative Measures

- Maintain a distance of at least 6 feet from others.
- Follow signs and markings for physical distancing.
- Wear a face covering when you can't stay 6 feet away from others and in common areas where others are present.
- Keep common areas clean and disinfected.



Personal Health Recommendations

- Wash hands frequently with soap and water for at least 20 seconds.
- Avoid touching nose, mouth and eyes.
- Cover coughs and sneezes with tissue or elbow.
- Clean and disinfect frequently touched common surfaces.



Recommendations for Work

- Minimize in-person meetings.
- Utilize online meeting platforms whenever possible.
- Don't share cellphones, desks, offices, tools, etc.
- Limit unnecessary visitors to the workplace and keep disinfectants close by.



Face Coverings

- Face coverings should be worn when you are in contact or likely to come in contact with others.
- The California Department of Public Health has identified exemptions, such as medical conditions, mental health conditions or disabilities that prevent wearing a face covering.
- Wearing a face covering is optional when alone in a private office.



Face Coverings (continued)

Face coverings should:

- Cover your mouth, nose and chin.
- Fit snugly without gaps.
- Allow you to breathe normally.
- Be removed by the straps, without touching the inside or outside surfaces.
- Be washed with regular laundry and dried completely.
- Be replaced when fabric becomes compromised.



All Titans Matter

Educate yourself through reliable sources, such as:

- CDC
- Orange County Department of Public Health
- CSUF Coronavirus Update website

