Telematernity Peripartum Depression Collaborative Care
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**Background**
- Rapidly growing number of Women Veterans (WV) of childbearing age, 18-44 years old
- Depression is the most common mental health diagnosis for WV in this age group
- Pregnant WV more likely to be diagnosed with depression
- Limited information regarding peripartum depression and WV

**Problem Statement**
- Multifaceted Maternity Care Services
- Barriers to screening for maternal depression
- High incidence of suicide in Veteran population
- Physical space and time constraints

**Purpose**
To develop a guideline for the implementation of an innovative method of delivering coordinated collaborative maternity care services for WV with peripartum depression

**Conceptual Framework**
Interactive and dynamic framework for a planned change of knowledge to practice

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**Table of Contents**
I. Executive Summary
II. Strengths, Weaknesses, Opportunities, and Threats
III. Marketing Plan
IV. Financial Plan
V. Education, Training, and Competency
VI. Implementation Plan
VII. Screening, Referral, and Algorithm Analysis
IX. Timeline
X. Pilot

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**Guideline**

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<tr>
<th>Section</th>
<th>Content</th>
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<tbody>
<tr>
<td>1. Evidence-based Innovation</td>
<td>- Edinburgh Postpartum Depression Scale (EPDS)</td>
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<td>- Primary Care Mental Health in Women's Health</td>
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<td>- Telehealth</td>
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<td>- Home Visits</td>
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<td>2. Potential Adopters</td>
<td>- Patient, family, Executive Leadership, Chiefs, Champions, Supervisors, Providers, and staff involved in the implementation</td>
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<td></td>
<td>- Awareness</td>
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<td>- Attitudes</td>
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<td>- Knowledge/skill</td>
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<td>- Current practice</td>
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<td>- Concerns</td>
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<td>3. Practice Environment</td>
<td>- Priorities, policies, rules, laws, available technology, physical layout, workload</td>
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<td>- Patient's home</td>
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<td>- Culture/Social</td>
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<td>- Structural</td>
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<td>- Economic</td>
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<td>- Uncontrolled events</td>
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**Evaluation Plan**

**Product Evaluation**
- Guideline Contents
- Interactive Learning Activity
- Algorithm
- Maternity Care Templates

**Program Evaluation**
- Peripartum Depression Screening
- Mental Health Referrals
- Patient and Provider Satisfaction Surveys
- Performance Indicators
- Quality of Life Scores (EPDS and Suicide Risk Screening)
- Documentation Templates

**Significance**
- Identify At-Risk Pregnant WV
- Innovative, Coordinated, and Collaborative Care
- Right Care, Right Time, and Right Place
- Access to Care Using Telehealth
- Validated, Standardized Peripartum Depression Screening (EPDS)

**For More Information:**
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