

Faculty Health/Physical Exam

All clinical faculty must have an annual health/physical exam while participating in clinical practicum courses with the SON.

History and Physical Clearance

A report, signed by your health care provider (physician, physician's assistant, or nurse practitioner), shall be provided to the nursing program. This report shall indicate that the faculty does not have any health condition(s) that would create a hazard to themselves, employees, or patients (Title 22). Contracts with the facilities require that we assure faculty and students are free of medical conditions and/or contagious disease(s) that would pose a risk to others.

| HEALTH/PHYSICAL EXAMINATION FORM | | |
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| Faculty Name: | | |
| CWID: | DOB: | Date of Exam: |
| TO BE COMPLETED BY THE HEALTHCARE PROVIDER | | |
| <p>I have verified that the individual I have examined is the named individual on this form and find that this individual:</p> <p>_____ Is free of any medical condition and/or contagious disease and does not pose a health risk to others, and is free of any limitations that would prevent the faculty member from meeting the clinical practicum teaching obligation</p> | | |
| <p>Signature of Healthcare Provider: _____</p> <p>Printed name of Healthcare Provider: _____</p> <p>Provider Number: _____</p> <p>Phone Number: _____</p> <p>Date of Exam: _____</p> | | |

History and Physical Clearance

A report, signed by the physician, physician's assistant, or nurse practitioner, shall be provided to the nursing program. This report shall indicate that the clinical faculty does not have any health condition(s) that would create a hazard to themselves, employees, or patients (Title 22).

Procedure

- Make an appointment with your healthcare provider for a health/physical exam.
- Give a copy of the Essential Duties to Meet Clinical Requirements form to your healthcare provider to use as the basis for the health/physical exam.
- Give a copy of the Health/Physical Examination Form to your healthcare provider to complete. Be sure your healthcare provider stamps the bottom of the form with his/her office stamp.
- Upload the completed Health/Physical Examination Form to your Castle Branch Account.
- Save a copy of all documents for your personal files.

Essential Duties to Meet Clinical Requirements

Clinical faculty must be able to meet the health requirements of the School of Nursing and the agencies in which students are placed for clinical.

Physical Requirements

The following physical requirements are necessary for clinical faculty:

1. **Strength:** Sufficient strength to lift, move and transfer most patients; to restrain and carry children; to move and carry equipment; and to perform CPR, which requires sufficient body weight and adequate lung expansion.
2. **Mobility:** Sufficient to bend, stoop, get down on the floor; combination of strength, dexterity, mobility and coordination to assist patients; ability to move around physically and adequately in confined spaces (patient rooms, bathrooms, treatment settings, around patient equipment, etc.). Be able to perform all physical skills required to deliver patient care such as CPR, ambulation, transport, reposition, lifting, and other nursing duties.
3. **Fine Motor Movements:** Necessary to manipulate syringes and IVs; to assist patients with feeding and hygiene; to write appropriate notations; to document in health record; to perform sterile procedures and other skilled procedures.
4. **Speech:** Ability to speak clearly in order to communicate with staff, physicians, and patients; need to be understood on the telephone.
5. **Vision:** Visualize patients in order to assess and observe their health status; skin tone, color changes, dermatological conditions, non-verbal behaviors, changes in signs and symptoms of illness, health improvement or deterioration, etc.
6. **Hearing:** Hear and see patients, monitor signs and symptoms, hear alarms, patient voices, call lights, and assess patient conditions, non-verbal behaviors, changes in signs and symptoms of illness, health improvement or deterioration, hear through the stethoscope to discriminate sounds, and accurately hear on the telephone.
7. **Touch:** Ability to palpate both superficially and deeply and to discriminate tactile sensations.

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| Revised 10/14/2025 |
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