## Module Six: Recommended Reading List for Holistic Understanding of Diversity and Inclusion

## Introduction

Module 6 provides faculty, students, staff, and administrators with an array of print resources useful for expanding their ongoing discovery and understanding of people with diverse and similar cultures. Nurses and others who deliver health care need knowledge to guide them in their decisions and actions as they care for clients of different cultures. The resource list includes references about theoretical developments (see, Aronson, 2019; Bonilla-Silva, 2014), and many references focus on the experiences of members in specific cultures, inclusive of ethnic, racial, age, gender, social economic status, sexuality, physical appearance and more. Overall, the references will help with the discovery of relevant dimensions of nursing for application to practice and research with diverse populations.

## **Learning Objectives of Reading List**

- 1. Expand awareness of cultural differences (human diversity) and cultural similarities (human universals) for nurses' decisions and actions as they provide healthcare
- 2. Promote understanding of the socio-cultural background experiences of members of diverse groups that impact nursing care with insider (emic) and outsider (etic) resources
- 3. Facilitate the recognition of the need for an expanded cultural diversity knowledge base to develop concepts, curricula, hypotheses, and other building blocks for an inclusive School of Nursing

## **Recommended Reading List for Holistic Understanding of Diversity and Inclusion**

- Abrams, S. (2019). Lead from the outside How to build your future and make real changes. New York, NY: Picador.
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- Collins, P.H., & Bilge, S. (2016). *Intersectionality*. Malden, MA: Polity Press.
- Colwell, C. (2017). Plundered skulls and stolen spirits: Inside the fight to reclaim native america's culture. Chicago, IL:University of Chicago Press
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- Dunbar-Ortiz, R. (2014). *An indigenous people's history of the united states*. Boston, MA: Beacon Press.
- Elam, M. (2011), *The souls of mixed folk: Race, politics, and aesthetics in the new milliennium.* Stanford California, Stanford University Press.
- Freeman, J. (1989). *Hearts of sorrow: Vietnamese american lives*. Santa Clara, CA: Stanford University press.
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- Grzanka, P.R. (Ed.). (2014). *Intersectionality: A foundations and frontiers reader*. Philadelphia, PA: Westview Press.
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- Holmes, S.M. (2013). Fresh fruit, broken bodies: Migrant farmworkers in the united states. Berkeley, CA: University of California Press.
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- Moraga, C. (2019). *Native country of the heart*. New York: Macmillan.
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