

Fall 2021 e-Newsletter

November 2021 | Issue: XXIII

Upcoming Events:

Fall Recess

Campus will be open Monday, November 22 - Wednesday, November 24, 2021. Campus will be closed Thursday, November 25 and Friday, November 26, 2021 in observance of Thanksgiving.

Community Advisory Meeting

This year's Community Advisory Board Meeting will be held virtually on December 9, 2021. We look forward to planning the future of nursing in our Southern California healthcare community.

Winter Recess

Campus will be closed Friday, December 24, 2021 through Friday, December 31, 2021 for Winter Recess. Campus will reopen on Monday, January 3, 2022.



Wishing you all the joys of
the season and happiness
throughout the coming year!

DIRECTOR'S EDITORIAL

GREETINGS

Penny C. Weismuller, DrPH, RN

At the beginning of the pandemic, folks around Southern California and the world would come outside at 7 p.m. to make noise in honor of the healthcare workers on the front lines. Some neighborhoods, mine included, still come out to honor the resiliency of healthcare workers, especially nurses. Our



neighborhood support has been a true blessing to me.

Nurses have always had to be resilient. The pandemic showcased that resiliency and pushed its limits in some cases. For some nurses, this is their first disease outbreak. Others have experienced multiple outbreaks - this was part of my career in Orange County Public Health. But the COVID worldwide pandemic has been very difficult for all of us. With the fourth wave of cases, hospitalizations and deaths, many nurses and other healthcare professionals are burning out.

In a Mental Health America survey from June to September 2020, 93% of the more than 1,100 healthcare workers surveyed were experiencing stress. The survey found that 86% reported experiencing anxiety, 77% reported frustration, 76% reported exhaustion and burnout, and 75% said they were overwhelmed.

Emotional exhaustion was the most common answer when healthcare workers were asked what had changed for them recently - followed by trouble sleeping, physical exhaustion and work-related dread.

About 39% of healthcare workers said that they did not feel like they had adequate support.

Two new nursing documents, the American Association of Colleges of Nursing new *Nursing Essentials* and the National Academy of Medicine's *Future of Nursing 2030* call us to promote our student's and staff self-care along with safe working and learning environments. The more resilient our nurses and student nurses are allows them to support safer health care environments, thus resulting in better patient care.

We need to recognize that we healthcare workers are all human and don't have unlimited capacity to endure stress. In order to continue to provide the safest and highest quality care to other people, we have to take care of ourselves. We cannot burn through our bank of the amount of stress we can endure in our life. It's so important right now that those of us that are here need to be able to stay here so we get through the end of this pandemic.

When nurses are reaching their limits, all public and private medical entities need to help nurses develop resilience and learning opportunities. We have great gratitude to you our clinical partners that allowed us to come into your facilities, thus allowing our students to help with COVID screening and vaccination, as well as continuing to provide patient care with non-COVID patients.

We also owe a vote of deep appreciation to our nursing faculty and students who persevered through the darkest pandemic days. Due to you, our clinical partners, our resilient nursing faculty, and our CSUF determined students, we have been able to graduate our 2020 and 2021 nursing students, who have had a nearly 95% NCLEX first pass rate. I am grateful for all of you!

Sending you and those you love our wishes for a very Happy Thanksgiving.

With best regards,
Penny

Pandemic Stresses Need for Diverse Nursing Workforce

The School of Nursing was awarded a four-year grant focusing on the recruitment and retention of diverse faculty and students.

[READ MORE](#)



How Nurses Have Stayed Resilient After a Tough COVID Year

Nurses have always had to be resilient, Dr. Weismuller, Director of the School of Nursing said. The pandemic showcased that resiliency and pushed its limits in some cases.

[READ MORE](#)

Faculty And Staff Receive Nearly \$12 Million In Grants, Contracts in Q1

Cal State Fullerton faculty and staff received close to \$12 million in funding during the first quarter of the university's 2021-22 fiscal year. SON's Dr. Sadeeka Al-Majid was one of those recipients.

[READ MORE](#)





HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

2021 Student Recipient
GABY JAIME-MONTES



The 2021 DAISY Award for Extraordinary Nursing Students

This year's DAISY Award for Extraordinary Nursing Students recipient is Gaby Jaime-Montez.

Her nomination reads: I am nominating Gaby because she is compassionate, determined, and supportive of her fellow students. Standing in the face of a pandemic, Gaby felt compelled to address the psychosocial effects of isolation COVID patients experienced. Gaby pioneered the COVID Card Program, which involved inviting students to write words of encouragement and letters of well wishes to be distributed to patients hospitalized with COVID. Gaby's commitment to her patients also extends to the clinical setting, where she advocates for her patients' health in all aspects. Despite her own personal setbacks, Gaby is always willing to help her fellow classmates professionally, academically, and personally. Without a doubt, Gaby will positively contribute to the nursing profession.

[READ MORE](#)

2020-2021 Scholarship and Award Recipients

María Dolores Hernández Scholarship

Asiya Iqbal, Britney Nguyen, Rossana Santiago, Stacy Seiler, Celine Tseng, Julia Villanueva

Stephanie Hernández Memorial Scholarship

Gloria Huang

Titan Shops Scholarship

Selene Solis

Dr. Austin Nation Diversity in Nursing Scholarship

Aleiza Mae Ambalada, Stacy Seiler

TITANSGIVE Scholarship

Kathy Cimo, Sreypeov Hak, Rex Itchon, Danny Liu, Joshua Quesada, Guadalupe Ramos, Stacy Seiler, Sarita Shivakoti, Celine Tseng

2021 President's Scholars

McKenzie Martin, Bao Han Nguyen

BSN Latham Support Award for Most Valuable Person

Cole Meininger, Traditional BSN, Lilian Phan, Accelerated BSN, Guadalupe Martin Ortiz, RN-BSN

Vera Robinson Award for Humor

Eason Hoang ABSN, Safwan Rahbany RNBSN, Connie Lee MSN

Wilma J. Traber Humanism Award

Stacy Hata ABSN, Stephanie Avenido RNBSN, Sue Poh MSN

Collegiality Award

Bao-Han Nguyen TBSN, Taja Garcia RNBSN, Erin Winger MSN

Outstanding Student Award

Mikayla Derieg ABSN, Alyssa Vibar RNBSN, Brianna Hanson MSN,
Theresa Brown DNP

DNP Contributions to Professional Nursing Award

Lian Menguito Magana, DNP

Outstanding Doctoral Project Award

Mimi Dent DNP, Sheila Mallett-Smith DNP

Consortium Collegiality Award

Luisa Chong DNP, Hazel Mary Lading Danggoec DNP

2020-2021 Student Leadership Recognition**Nursing Peer Mentors**

Mlen Iradette Azurin, Nikolette Bergholm, Pamela Bietsch, Harmony Binney, Alisha Chen, Angela Dang, Kate De Los Santos, Mikayla Derieg, Helen Dinh, Venty Florentina, Stacy Hata, Hailey Hoffman, Ingrid Imfeld, Mirna Jaime-Montes, Yoonhye Kim, Ashley Le, Josephine Lim, Taylor Mankin, Cole Meininger, Ivy Monfero, Bao-Han Nguyen, Julie Nguyen, Tina Nguyen, Lilly Ortega, Lauren Panganiban, Jonathan Pelayo, Lilian Phan, Rylee Primavera, Malia Rahman, Hannah Romey, Nishelle Sammons, Stephanie Silalahi, Brittany Singh, Hannah Tjoa, April Tran, Julia Villanueva

Nursing Student Association Board

President: Tina Nguyen, Vice President: Julia Villanueva, Secretary & Treasurer: Mikayla Derieg, Scholarship Chair: BaoHan Nguyen, Membership Chair: Britney Nguyen, Outreach Chair: Emily Nicole Mayor, Activities Director: Harmony Binney, Historian: Danny Liu, Fundraising Chair: Melanie Ann Ferrer, Conference Chair: Gabriel Canonizado, BLS Director: Jonathan Pelayo, BLS Coordinator: Lilian Phan, BLS PR: Cole Meininger

Upsilon Beta Chapter of STTI inductees:

Katelyne Aguirre, Princess Joanne Alfonso, Stacy Alt, Julia Novisi Apenahier, Stephanie Avenido, Mlen Iradette Azurin, Alex Chavez, Hazel Danggoec, Susana De Lucas, Jayclyn Dean, Mimi Dent, Mikayla Derieg, Helen Dinh, Taja Garcia, Briana Gelfer, Julian Given, Angelica Hardy, Tho Ho, James Khou, Narae Kim, Yoonhye Kim, Ashley Gia Le, Allyson Lee, Josephine Lim, Danny Liu, Jenny Lu, Nohely Macias, Lian Magana, Sheila Mallett-Smith, Priya Mcallister, Noemy Moreno, Nataporn Mulpramook, Hailey Murphy, Britney Nguyen, Hope Nguyen, Julie Nguyen, William Nubla, Graciela Pelaez, Marianne Pena, Lilian Phan, Diana Rael, Cory Ramsey, Cindy Reyes, Paula Riggs, Abigail Rivera, Kylinn Robertson, Hannah Romey, Rossana Santiago, Meagan Sitzer, Wanting Tan, Tang Tang, Kasalyn Thuvamontolrat, Gloria Tieng, Odette Tomta, Jessica Torrance, Thao Truong,

Higher Ground Happenings!

Nursing rotations for 402L, Population Health, helped engage kids at Higher Ground Youth & Family Services in Yorba Linda. Nursing students helped kids with healthy food prep, social and emotional education, proving that with a little creativity, even rice cakes can come to life!

CSUF Nurses



[READ MORE](#)

FACULTY NEWS



HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

2021 Faculty Recipient
SHAUNA PEARCE, DNP, MAOM, RN, NE-BC



The 2021 DAISY Award for Extraordinary Nursing Faculty

This year's DAISY Award for Extraordinary Nursing Faculty recipient is Dr. Shauna Pearce.

Her nomination reads: Professor Pearce was hands down the best professor I have had in CSUF nursing program thus far. My first semester in the ABSN program was challenging and full of many ups and a whole lot of downs to say the least and I truly could not have done it without her support. She is the most available professor that I have ever had when it comes to getting support and asking questions. She has answered every single email that I have ever sent her and just genuinely wants to help out her students or prior students. I had her for the writing course that we had to take our first semester and not only did she help me become a more confident writer but she helped me become a better person and a better nursing student. She was always available for a phone call or zoom meeting and was very flexible with my busy schedule rather than tailoring our meeting to just her schedule. She is such a kind hearted and genuine person and truly is teaching for the right reasons. A teacher should want to go above and beyond to help their students be not only successful in her class but in general as a student and future nurse. Pearce did all of these things and she did it with respect, dignity and kindness. She came to class every day ready to teach us and was very enthusiastic. I never once felt like I was bothering her when asking a question in class

or via email because she totally us never to feel that way. She truly goes above and beyond for her students. I am so lucky to have the chance to work with her again this semester. Because I did not pass health assessment just barley I had to choose a faculty mentor for spring semester and without a doubt I chose her.

[READ MORE](#)

Dr. Christine Latham inducted as a Fellow of the American Academy of Nursing

Dr. Latham is a Professor Emeritus in the School of Nursing. Induction into the Academy is a significant milestone in a nurse leader's career in which their accomplishments are honored by their colleagues within and outside the profession.

[READ MORE](#)



JOIN US IN CONGRATULATING DR. CHRIS LATHAM
ON HER RECENT INDUCTION AS A

Fellow in the American Academy of Nursing

Faculty Tenure and Promotions Announced



Cal State Fullerton's Office of Faculty Affairs and Records has announced the tenure and/or promotion of 79 faculty members including Deanna Jung, Beverly Quaye and Rosario Sakamoto.

[READ MORE](#)

Faculty Receive Honors, Share Presentations and Publications

Cal State Fullerton faculty recently received awards, published research on a variety of topics and presented, including SON Director, Dr. Penny Weismuller.

[READ MORE](#)



Faculty Research Highlighted in



Publications and Presentations

Cal State Fullerton faculty members published and presented on a variety of topics, including Rebecca Bodan, associate professor of nursing, and Hannah Fraley, assistant professor of nursing.

[READ MORE](#)

PROGRAM NEWS

Thank You to Our Supporting Partners!



To our valued community partners, we **THANK YOU**, for your continuous support, resilience, adaptability, and flexibility during these unprecedented times! We truly value your efforts to allow our students and faculty into your facilities and would not be able to educate our students without you. We are so grateful!

We value your feedback!
[Complete our Community Partners Survey](#)

CHECK US OUT ON

Facebook, Instagram, Pinterest, and Twitter!



@CSUFSON

